



From the President

Welcome to all back to another exciting winter season! With the juniors starting this weekend, hockey is in full swing and the club has some exciting opportunities! It is great to see our new turf installed and the playing surface is better than ever. A big thanks to all who have donated. There is still time to make a tax-deductible donation before the end of the financial year. Details for donations on our website or on noticeboard inside the clubrooms.

Our Mens Premiership winning team has already notched some wins this year and the Women have some new and talented additions to the squad. The club is very fortunate to have retained Ian Smyth and Stephen Davies as our Mens and Womens coaches receptively. We've also got 3 x Australian players in each of our Premier teams, so get down and support the teams especially on our home turf. I also want to welcome back Ben Wright, who we have engaged as the club's Junior Development Officer, in addition to his coaching roles. Ben has a Masters in sport coaching and he is focussed on delivering the best outcomes for our juniors and the junior program.

Thank-you to all that have already paid your fees, the bar vouchers proved to be very popular. For those who are yet to pay, hurry up as the deadline is 15th May and penalties will then apply. We truly do not want to have to penalise anyone, so please pay via direct deposit or at the bar asap.

ANZAC Day was well supported by the members and continues to be a social highlight of the year. There are a number of social events coming soon so be sure to check Facebook and the noticeboards regularly.

Finally the committee is working hard on the priorities identified by the members in the Strategic Plan. If you want to help out, please contact the committee to lend your support.

Jamie Cook
President

Junior Report

Performance Pathway Players (Triple P) Programme

After a review of the 2018 season, looking particularly at juniors who are involved in senior selected teams or state teams, with additional commitments outside of hockey (oh and also perhaps school work!). The Junior committee have put forward the idea of managing the training load of such junior players on an invitational basis. Newly involved junior developer, Ben Wright, has taken on the role of managing and developing this programme.

So... What is it?

The idea is to manage our junior players who have 2 or more hockey commitments, where one includes playing in the selected Men's or Women's grade, the other



commitment could include school, club juniors or state team representation.

What do they get out of it?

An opportunity to speak and manage workload with Ben, talk through priority areas of their week and try to align coaching relationships between various other stakeholders to accommodate for training/playing commitments whilst keeping on top of all other commitments outside of Reds Hockey.

Players will be invited based on their current senior grade (Men's and Women's 3s or above) where formal 1-1s will take place both off pitch and on pitch development.

Ben initial reaction to the launch of the Performance Pathway Players:

“The PPP programme is a useful tool to help de-stress players (and parents!) to help collaborate relationships across their weeks and to ensure that there is a balance between quality of training and adequate rest. As we are only targeting a few players currently, as this develops, I hope the programme is something

Team Reports

Prov 3 Black women's team.

Following the sting of being relegated down from Prov 2, the now Prov 3 Black team are back with a bang. Made up mostly of tough country girls and/or health professionals (what a mix), and with almost more coaches than players, the girls have had two wins and one loss so far for the season.

Round one was a scorcher (literally) against Whitfords at home, with a 4-2 win coming off the back of some brilliant short corners (and some pre-game Celine Dion). Round two over at Shenton saw our first loss, going down 2-0 in a tough game against Wolves that saw one of the gentlest members of the team Shell Cheetham carded off – yep, things got messy.

Round three was a nail biter, taking an early 3-0 lead until 2 quick goals by Hale in the third quarter put the pressure on – yet we held on to take the win (helped by a strategic leg cramp from Sarah Graf). After learning what winning actually feels like, the girls are hooked on the feeling and keen to keep it going.



Masters 50's Division One

3 games, 3 wins, top of the ladder!!!

After missing out at the big dance last season the boys are off to a flyer. Solid performances by Bede Rogers and Mark McGuckin up front resulting in 10 goals being scored in the first three rounds backed up by great keeping from Tommy Vince in the net only conceding two goals in two games before St. John doubled his tally in game three.

A wealth of half backs and full backs sees Damo D reinvent himself as a gun inside forward completing a missing link in our now lethal forward line, finally a Cinderella story for Paul Mallon seeing him score a spectacular goal in front of his new son!!! (we won't tell him that was his first goal in three years). A big thanks to Steve Burke and his grounds team in preparing a top-class grass surface the best it has been in 10 or so years making playing at home a pleasure.

(Note to Team Managers: Plenty of space for your team report).

Note your diary

Don't forget the next coming events:

- Sponsors Day - Sat 15th June
- Indigenous Day – Sat 20th July
- Fees deadline – Wed 15th May

Sponsor Spot

Our Director of Sponsors, Bottie, is doing a great job of attracting new sponsors & retaining existing. This is his report:

Thank you so much to all our faithful sponsors for re-signing for the 2019 season and especially to Richard Thomlinson and Rick Purslowe from Aviso Insurance Brokers in their 17th year of support to the Old Aquinians Hockey Club, well done Richard and Rick.

New sponsors for this season include:

Como Health & Fitness Centre, Damian Pavlinovich

Done Right Painting and Decorating, Damion Pike,

Kerr Fels, Divorce & Family Law Lawyers, Denby Kerr.

Chairman Upholstery, John Hall, father to Kylie.

Royal India Restaurant, Pali Chouhan, in a more formal arrangement than has been in existence for many years, thank you Pali.

Michael Jeffree returns to the fold, on the field and in the bar, **Con's Manning Fine Wines**.

Please support our sponsors. At least get quotes from them, know who does what. There is a broad spectrum of professional service providers, product suppliers and skilled tradespeople involved here giving substantial working funds to the running and existence of the Reds, let them know you are aware of them and do business



with them whenever you can and recommend them to others.

I hope the season goes well for all."

Celsius – Black Label Sponsor

Welcome back Smithy! In addition to sponsorship Steve is offering a referral incentive of \$500 which leads to a listing or sale of a property.

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Como Fitness 24/7 celebrating its **20th Year Anniversary** this year, often called "Como Gym" the gym has been operating from the same location since April 1999.

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We are rapt to be sponsoring OAHC (Reds) Hockey Club in season 2019.

The team at Como Fitness 24/7 have all grown up being involved with hockey. The owner Damian "Pav" Pavlinovich is an Exercise Physiologist and an old hockey player himself. Jess Milne is also Exercise Physiologist.

Como Fitness 24/7 provided the following services:

- 24/7 gym
- HIIT Classes
- KeepFit over 60s classes
- Personal Training
- Exercise Physiology



Major Sponsor

It gives me great pleasure to welcome you to Aviso WA Insurance Brokers, A member of the Aviso Group. These are exciting times for us at Aviso WA rebranding operations at a challenging moment for Businesses in Australia.

Having been with this industry for over 35 years, I have seen its progress firsthand and how much value it creates for both individuals and businesses. I can also see the role of insurance as an enabler for business growth, and I believe we can play a significant part in its development.

We have a clear vision of what we want to be - leaders in insurance broking; with a commitment to provide exceptional service, while placing the needs of our clients first. I'm proud of the work we do and give you my personal commitment that we will deliver what we promise and do it safely and responsibly.

We have a great team with us of highly experienced and dedicated professionals who I believe will be the core of our success. It's all about building lasting relationships, by making your business our business.

Managing Director Rick Purslowe

Manag



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The focus of our business is our clients. It's all about building lasting relationships, by making your business our business. Our professional staff will be there to understand how much risk you can manage, and help link you with an appropriate insurer.

We know that choosing the right insurance can be complex. By working with Aviso WA we'll bring the product knowledge to help you make informed and easy decisions. If you need to make a claim we will work with you to ensure that you receive your entitlements under the policy.



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