



From the President

Defibrillator

A Quick update on the Defib project.

Our thanks to the many generous players and club supporters that have made this project possible. Through the fundraising and the assistance of one of our long term club sponsors, we have now been able to procure the Defib.

Unfortunately we have a couple more weeks to go before we can get the cabinet delivered but we will have it installed as soon as it arrives.

The project was very successful and will support the replacement of pads and batteries for at least the warranty period of the device which is 8 years. Thanks again to those generous people that donated towards the cause.

{Editor's note: *this is warmly received, particularly by the over 60's*}

See you at the club!

Jamie Cook

Reds Strategic Plan 2018 - 2025

As published recently, the club is developing a Strategic Plan to identify what the club stands for, what the club should be in 2025 and how to get there. If you want to have a say in improving the club, this is your chance.

A survey will be going out to all members and associates of the club this week that will help us understand the general priorities of our supporters with more detailed direction to come.

Please note this survey is on a general nature only.

Please continue to bring specific issues to your level coordinators or directly to the committee if requiring more immediate responses.

Please take the time to complete this survey when you receive the request so we can proceed with analysing the results ASAP.

Jamie Cook

Team Reports

Womens Provisional 1s & 2s

Prov 1

Reds Women's Prov 1 have hit their stride in the last 5 weeks and now sit 2nd on the ladder after back-to-back wins (a first for the season).

Although our team's members are disappearing: on holiday, to fly-in fly-out work and having fallen pregnant, those that remain are excited for the remaining part of the season and hopeful of making finals.

Our 'new' but old recruit Kelsie has found a new position as centre forward and has managed to get on the score board most of the games that she has played.

We are hopeful that we won't have anymore draws this season (7 is enough) and will continue to climb the ladder. Hands in - go Reds.



Prov 2 Gold

The Prov 2 Gold girls are working their way towards the end of the hockey season and after a few bumpy games and with AJ away we have finally found our feet again. We have had some great wins and with some tough games coming up, we are hoping to head into the finals as strong contenders.

There have been a few milestone games this year with girls celebrating their 50 and 100 games but no milestone can ever top the game where you score your first ever goal.

Let me take you back to a much simpler time when the great Bec Ardagh did that very thing. Bec has always been a defender and with speed and agility as her strong suits you can't help but to always feel safe with her in the backline. On this very day, we had created a pretty significant lead and AJ decided to give Bec a run up forward.

Excitement grew throughout the game with everyone's main goal was to pass the ball to Bec. With some great dynamic and lateral movements Bec ran into the D and was immediately surrounded by the opposition. On a tough angle and with some quick thinking on her reverse Bec passed the ball towards the goal in the hope that it would get through to her team mates, only this ball did much more! Straight through the Vic Park players, through the Aquinas players and on the most insane angle you could imagine, this beautifully weighted ball crossed the face of the goalie and hit the inside corner of the farthest goal post and crossed the line.

An explosion of cheer erupted on the turf leaving Vic Park wondering why a team who were already 5-0 up could get so excited over another goal. Sedge pulled out an interesting happy dance and Bec had finally made her mark on the score board.

In other news, Addie has finally found her uniform, funnily enough in the same place where she left it.

Men's Provisional 2 Gold

The 'Mighty Aquinas 8s' continue their 2017 season riding all of the bumps. The last few weeks have seen the team suffer a few losses after only suffering one loss in the first half of the season. These results have coincided with an injury list almost as long as the playing list.

A sample of the injuries include:

- a broken hand, sustained on the hockey field;
- an ongoing "neck issue" suspiciously sustained before the season;
- a broken foot, rumoured from prancing around in operatic performances on stage;
- a broken collarbone from a dubious one on one challenge against one of the much loved Rockingham teams;
- a calf injury (old man injury) from one of the teams elder statesmen (luckily it was an injury from actually playing sport this time hey Marc?);
- and
- a friendly fire attempt at catching a hockey ball with your eye socket.

The team is now sitting in a position where they will have to fight for a finals spot having some tough challenges ahead of them. If the team can stay away from injuring further players and regain some from injury there is a small inkling of yet another finals appearance.

If fate isn't on their side, it will still be a very entertaining end to the season. We could even see club favourite David "Sully" Sullivan running around in the forward line to end the season showing he has as much skill as the existing forwards when it comes to putting that small white thing in the back of the net!

Over 60 Update

The senior citizens of the Club have hit some uncharted territory, more than once this year



achieving top of the table status. This has come about by some deft recruiting, a bigger than usual midseason push, and some downright prodigious scoring courtesy of one P Crowe.

More of that later but the story gets better, for those that don't know once you hit 60 you actually become invisible, witness any number of us opening doors for others, without so much as a smile or in fact an acknowledgement of existence. So it really is a head turner when one of the team gets singled out by an admirer who clearly sees his off field potential. Known for his deft work after the whistle (how appropriate) this young on the eye player really cuts a fine line both on and off the field.

This has clearly spilled over into the teams playing style, as long as the bridge and engine room are on the same page. If ever you heard the saying "my brain is making commitments my body can't keep" our "young" mid fielder (this term is used to protect the innocent) has been known to check the playing surface at close range, when the engine room did not quite get the (full steam ahead) message.

The rest of the team has duly lifted its work rate and skill level, while coming to terms with that great leveler, the Aquinas grass. This has taken its toll midseason with young Jorge D having an extended conversation with his physio.

The bush bandits have pulled a few no shows after the rains, but pleased to report now that seeding is done (that's what they called it) they are back on the track, providing that mid field drive only those that have chased cattle for a while can deliver. So what are the chances? Normally these lads are checking in with their cruise directors, or polishing their clubs for the commencement of the corporate golf days (except Brownie who is in perpetual holiday mode).

Not this year, Banksy is hatching another cunning plan with Whip and after a midseason grease and

oil change along with a new hip, is back to his brilliant best.

So readers if you want see how this all ends this year, pack a cut lunch and a water bag (the team will shout a beer to the first person who shows us an APP for that) and join the other sixties groupies who come to marvel at that blissful combination of rampant endeavor, youthful exuberance, with a dash of skill and goal scoring brilliance as we charge into September keen on making the most of what we have started.

Oh and as for our young "PLAYER" we will all be keeping his off field activities in check while we run our finals campaign, no use getting ahead of ourselves now is there?

Next month you will be pleased to know we will be covering user feedback on;

- Stents;
- Knee replacements;
- Hip replacements;
- Cardio routines for 60+;

I know you can't wait.....

Coming Events

Life Members/Past Presidents Celebration Dinner – 18th August

This event is the 85th Anniversary Celebration Dinner (so obviously celebrating last year, as we started in 1932). The venue is the esteemed Royal India Restaurant - mine host Pali - and will be held on Friday 18th August. As well as Past Presidents & Life Members, "Special Friends" will be invited.

Annual Reds Golf Day – 13th October

Calendar Note. Early reminder for you to note lucky Friday 13th October. Usual spot – The Cut. Great day is guaranteed – in fact some players get



more hits on this day than in a game of hockey.
Prizes galore.

Wind Up End of Season Dinner

Saturday 7th October. Venue Royal Perth Golf Club. Come along and collect your silverware. See the Flyer later in this edition.

Sponsor Focus

No not too much to report other than good to see about 15 sponsors at the games on Sat 29th. Quite a few are players but I have a feeling even some of the playing sponsors may not have played on the day. As to be expected there were a number away, Felice Jennings declined the invite, she was on a boat off the Croatia coast, Davo went to a wine tasting, free I believe, and Stace was over at Rotto, goodness me.

The Club Sponsor Facebook page effort is about ready to fly thanks to Gav Fielding and Shiney. We are now calling for adverts/posts from any sponsor that wishes to be involved. There will be an ability to "boost" their post for a minimal fee as well. Sponsors simply need to meet the Club desired post structure.

Good to see my old mate Marty Hadodo of Richard Noble (RNC_o) at the recent do. RNC_o have been selling land at Waterford & nearby since the 1970's. I asked how it's going & this was his response:

Cygnia Cove sets sales record

Richard Noble & Company are proud to announce that a new sales record has been achieved for a single dwelling lot at Cygnia Cove in Waterford.

The sale and successful settlement of L257 Tringa Circle, Waterford demonstrates buyer confidence in the property market. It will also reinforce the future capital growth story of award-winning Cygnia Cove.


Richard Noble & Company has more than 100 years' experience designing and developing communities that provide the lifestyle features people want. We have also been responsible for developing some of Perth's best known suburbs, including Mount Lawley, Maylands, Bicton,

Melville and Leeming.

Location is everything in real estate and Cygnia Cove, Waterford offers stunning views of the Canning River and the convenience of Perth CBD being just under 10 kilometres away.

Pricing for Stage 4 lots start at \$590,000 and all lots come with front landscaping, fencing and a Green Bonus.

Contact Martin on 0407 945 834 to discuss your lot selection or visit www.cygniacove.com.au for more information.



Welcome to the 85th
Old Aquinians Hockey Club

ANNUAL DINNER

ROYAL PERTH GOLF CLUB

SATURDAY, OCTOBER 7TH 7:00 PM FOR 7:30 PM START
DRESS: FORMAL (STRICTLY NO DENIM)

TICKETS: \$75 - PLEASE TRANSFER TO OLD AQUINIANS HOCKEY CLUB
BSB: 066 000 ACC: 1066 6630

PLEASE SEND ANY DIETARY REQUIRMENTS TO CAL.WOOD@HOTMAIL.COM



It gives me great pleasure to welcome you to Aviso WA Insurance Brokers, A member of the Aviso Group. These are exciting times for us at Aviso WA rebranding operations at a challenging moment for Businesses in Australia.

Having been with this industry for over 35 years, I have seen its progress firsthand and how much value it creates for both individuals and businesses. I can also see the role of insurance as an enabler for business growth, and I believe we can play a significant part in its development.

We have a clear vision of what we want to be - leaders in insurance broking; with a commitment to provide exceptional service, while placing the needs of our clients first. I'm proud of the work we do and give you my personal commitment that we will deliver what we promise and do it safely and responsibly.

We have a great team with us of highly experienced and dedicated professionals who I believe will be the core of our success. It's all about building lasting relationships, by making your business our business.



Managing Director Rick Purslowe



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The focus of our business is our clients. It's all about building lasting relationships, by making your business our business. Our professional staff will be there to understand how much risk you can manage, and help link you with an appropriate insurer.

We know that choosing the right insurance can be complex. By working with Aviso WA we'll bring the product knowledge to help you make informed and easy decisions. If you need to make a claim we will work with you to ensure that you receive your entitlements under the policy.



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